

for your life insurance, retirement or endowment policy? Financial advisers reveal that many people don't bother - and it's one of the most common and expensive money mistakes you can make.

about a policy that you took out long ago.

Regardless of what your will says, as a listed beneficiary your ex will inherit the proceeds from that policy.

Here are more reasons why you should check your beneficiary lists regularly.

automatically affect the beneficiaries on your life insurance and endowment policies.

That's because insurers will only pay out the returns on the policy to the deceased's beneficiaries on their records.

For example, you listed a family



member as a beneficiary when you were unmarried, but then you got married at a later date.

If you didn't register your spouse as the new beneficiary with the insurance company, the originally listed family member will get the money.

That's why it's important to check and adjust your policy beneficiaries when you get married, divorced, have children or someone dies.



TIP

It's not the same

thing to nominate a

beneficiary in a policy

as it is to cede a policy to

someone. If a policy is ceded

to someone, that person

becomes the policyholder

and can nominate their

own beneficiaries.

## **MAKING CHANGES**

If you want to add or replace a beneficiary, you need to submit a beneficiary nomination form with the life insurer or investment company.

You can do it at any time but someone else can't do it on your behalf if you're deceased.

The nomination forms are available online or you can phone the company's call centre and ask them to

send one to you. The nomination of a beneficiary takes effect when the insurer confirms receipt of the nomination form.

If you don't name a beneficiary, the money will go to your estate when you die. The trouble is that the winding up of an estate can take months or even years to complete, but policies that have beneficiaries pay out immediately.

## BENEFICIARIES CAN BECOME INELIGIBLE

Companies aren't legally allowed to pay out endowment policies to beneficiaries who are incapable of managing their own affairs, for example if they have Alzheimer's disease or dementia.

According to Sanlam Trust, in such a case the money will be paid to a curator bonis.

A curator bonis is a court-appointed person who takes care of the unfit person's estate.

If you want to ensure someone legally incapable is cared for by the policy payout, it's better to speak to an estate expert about how to do this.

One way, for example, is by using a testamentary trust.

## IF THE BENEFICIARY IS UNDER-AGE

It's best to speak to an estate expert if your underage child is a beneficiary because direct payments

can't be made to minors (under the age of 18).

The money can only legally be paid to the child's biological parent or legal guardian. In the absence of any guardians, the money is paid to the

Guardian's Fund of the master

of the high court, where it's then invested on the child's behalf.

You can stipulate in your will that the money is held in a trust until the child is of age.

Financial advisers or lawyers who are estate experts can explain the options in detail to you.

THE DEATH OF A BENEFICIARY
It sometimes happens that a nominated beneficiary dies before the
policyholder.

If the policyholder then dies without having updated their policy, the proceeds of the policy will be paid to the deceased estate of the policyholder and not to the beneficiary's heirs, according to Sanlam Trust.