

THE ART OF GETTING OUT OF THE WAY

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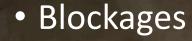
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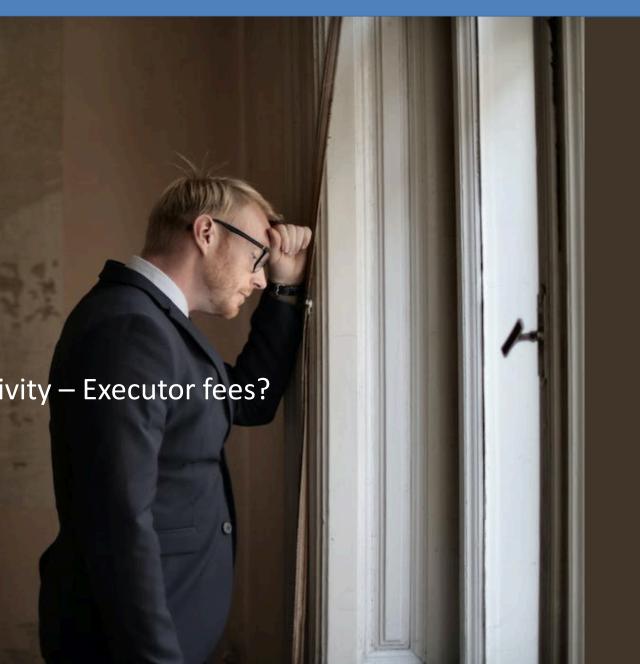




Challenges



- Masters Office
- SARS
- Delays with banks
- Compliance
- Fees
 - Delayed payments
 - Resistance / client sensitivity Executor fees?
- Cash flow issues
 - Operational Expenses
 - Staff costs





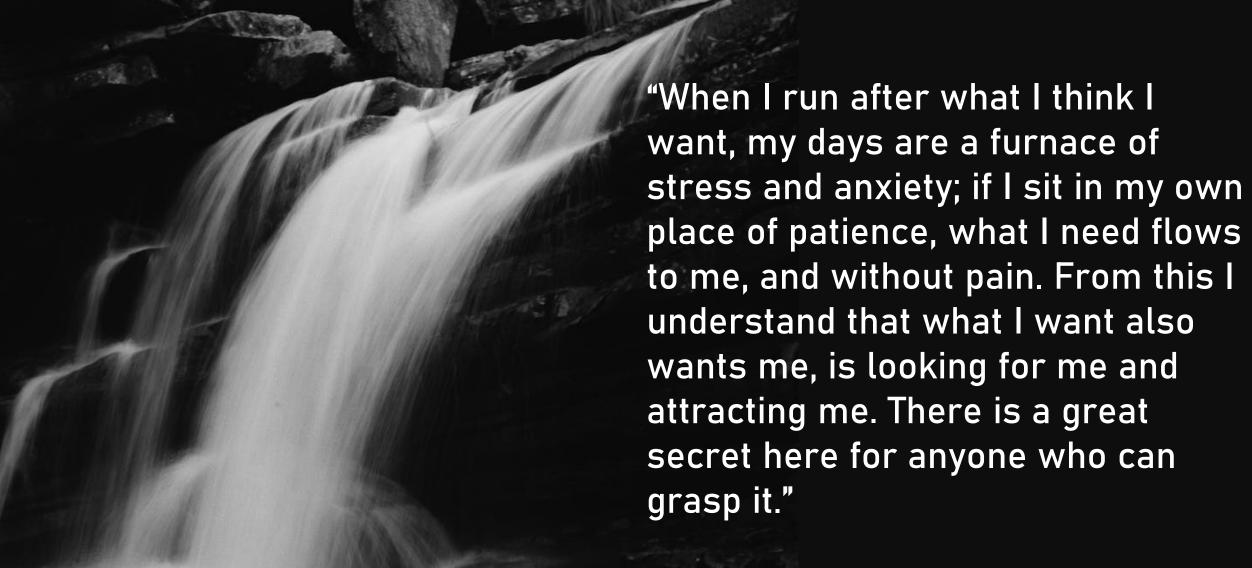
Challenges

- Blockages
 - Masters Office
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Leadership THE ART OF GETTING OUT OF THE WAY



Mevlana Jelalludin Rumi Persian Sufi Master and Poet



PERSONAL MASTERY



Mind Centre

Cognitive Flexibility

Curiosity

Deep Engagement

Integrated Self®

Leadership



Somatic Intelligence

Kinetic

Movement and Flow

Body Awareness

Vitality

Exercise



Heart Centre

Emotions

Affective

Life Meaning

Self-Awareness

Triggers

Co-regulation

Connectedness - Relational

Nutrition Centre

Homeostasis Food and Health Gut Microbiome



Mindfulness

Calm

Presence

Awareness

Breathwork



OLeadership THE ART OF GETTING OUT OF THE WAY

• KEY TOPIC

- Is there anything else about that X?
- What kind of X is that X?



Where is ...?

Location

Whereabouts ...?

Then what happens?

Sequence after

What happens next?

What kind of ...?

Attributes

Is there anything else about ...?

Does ... have a size or a shape?

What happens just before?

Sequence before

Where does ... come from?

That's ... like what?

Metaphor





Systematise Routinise Automate







